

Spring Practice Schedule May to June, 2017

Location: GRC

Age group	Gender	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday		Sunday	
Splash	Coed												12:45	2:00
Group A	Coed	6:30	8:00	7:00	8:30	6:30	8:00	7:00	8:30					
Group B	Coed	7:15	9:00	7:45	9:30	7:15	9:00	7:45	9:30					

Note: \$50 fundraising required.

Group A = 12U and 14U

Group B = 14U and 16U/18U

*test will be done to determine whether 14U is placed in Group A or Group B practice

Shallow Water

Deep Water

May to June			
	2 practice	3 practice	4 practice
Price	\$ 265.00	\$ 365.00	\$ 465.00

May to Jun	
Splashball	at SSLC
\$ 110.00	

Note: Splashball practices out of SSLC, not GRC.

PRACTICE NIGHT REQUIREMENTS

Note: 3 practices are mandatory for all athletes wishing to participate in the summer competitive program.

Summer Practice Schedule July (Aug), 2017

Location: GRC

Age group	Gender	Monday		Tuesday		Wednesday		Thursday		Friday	Saturday		Sunday	
Group A	Coed			7:00	8:30	* 5:30	* 8:00	7:00	8:30					
Group B	Coed			7:45	9:30	* 5:30	* 8:00	7:45	9:30					

* denotes ocean practice

Deep Water

July (Aug)	
	3 practice
Price	\$ 365.00

*pricing includes two tournaments

BCSSA Age Groups

U18 = 17 years and under (birth years 2000 and 2001)

U16 = 15 years and under (birth years 2002 and 2003)

U14 = 13 years and under (birth years 2004 and 2005)

U12 = 11 years and under (birth years 2006 and 2007)

NOTE: BCSSA Registration fee of \$35 is required for all athletes.

Note: Group A and Group B practice schedule will continue as determined by testing at the beginning of the Spring season unless athlete is asked by the Head Coach to change practice groups.

Revised: May 16, 2017